

# Tobacco-Free Commitment



\_\_\_\_\_ is dedicated and devoted to the safety, health, and spiritual well-being of our members and surrounding community. We acknowledge that chronic diseases such as heart disease & stroke, cancer, diabetes, and lung disease, are harmful to the health of our congregation and community. We recognize that providing and promoting a tobacco-free environment can help improve health and wellness.

On \_\_\_\_\_ commits to promote a healthy congregation and community by:

- › Incorporating tobacco-free education and messages in congregation communications, and in bulletins, newsletters, sermons, and youth programming;
- › Supporting congregational leaders as they serve as role models for being tobacco-free; and
- › Emphasizing the connections between spiritual faith, and physical health and displaying posters, pictures, or books that support tobacco-free air.

In addition to the above commitment, \_\_\_\_\_ also commits to the following tobacco-free components:

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Defining tobacco as a product that contains or is derived from tobacco and is intended for human consumption, excluding drugs or devices approved for cessation by the United States Food and Drug Administration. This includes e-cigarettes and vapor products with or without nicotine.

Preventing exposure to secondhand and thirdhand smoke for all employees, members, visitors, and any persons present and supporting those who want to quit using tobacco products by:

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Disallowing, at all times, the use of tobacco products on congregation owned or leased property, both indoors and outdoors (including parking lots, etc.).

Disallowing the use of tobacco products during all congregation events, meetings, and programs, whether located on or off congregation property.

Disallowing the use of tobacco products in vehicles belonging to the congregation.

Posting signs informing congregation and community members of the tobacco-free commitment in highly visible areas including parking lot, and outdoor areas.

Promoting tobacco cessation in the congregation and community by providing information for the Oklahoma Tobacco Helpline (1-800-QUIT-NOW).

Refusing sponsorship from a tobacco company and not allowing tobacco advertising or promotion on congregation owned property or at any off-site congregation meetings and events.

Removing ash receptacles, such as ash trays or ash cans, from congregation property.



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Effective Date:

Name and Title

Signature